



# THE DANCE EXTENSION

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November 13, 2006

Dear Parents & Students,

Here it is the month of Thanksgiving yet again. Every time we step into the studio we are reminded of how much we have to be grateful for. Our student body, from the youngest three year olds to our senior citizens, brings us countless hours of joy as do the faculty who provide excellent dance classes and the staff who do so much to make us feel like one big happy family. You are all loved and sincerely appreciated.

May you enjoy a restful and happy Thanksgiving with your family and friends.

Best wishes,

Maggie Dennis    Nancy K. Dennis  
Artistic Director    Associate Director

## POLICY CORNER

**Attire:** As outlined in the student handbook, dancers must be in dress code with hair neatly pulled back off the face and neck. **Jewelry, watches, long t-shirts and jeans are not permitted in class.** Please have dancer's full name marked in all dance shoes and clothing.

**Child Supervision:** Young siblings may not be left unattended in the waiting area. Our desk staff is not required to supervise or baby sit children in the lobby. Thank you!

**REMINDER:** If your child has an allergy, please notify the desk staff.

## Studio Calendar

**November 8<sup>th</sup>**  
**Election Day**  
We are open!



**November 11<sup>th</sup>**  
**Veterans' Day**  
We are open!

**November 11<sup>th</sup>**  
CDE Bus Trip to the Kirov Ballet's  
"Swan Lake"  
Wang Center, Boston

**November 18<sup>th</sup>**  
Balloon Day



**November 20<sup>th</sup> - 26<sup>th</sup>**  
Thanksgiving Vacation  
We are closed.



**December 2<sup>nd</sup>**  
CDE performances  
Crescent Point, 11 a.m.  
Norwich Rehab Center, 2 p.m.

**December 3<sup>rd</sup>**  
CDE performance at  
Windham Falls 2 p.m. & Caroling  
at Briarcliff Manor 3:30 p.m.  
CDE Holiday Party



**December 16<sup>th</sup>**  
Holiday Gift Drive Ends  
See page 2.



**December 24<sup>th</sup> - January 7<sup>th</sup>**  
Winter Vacation  
We are closed.



**January 8<sup>th</sup>**  
Classes Resume

## Faculty Profile Gena Rose

Gena's exposure to dance began at the age of 2 ½ at the Alyce Carella Performing Arts Center. Years later she was awarded scholarships, first to E.C.A. in New Haven, then to Ballet West in Colorado, and finally at The School of Ballet and Theatre Arts in New York City, where her dance career began. Taking many classes daily with the finest teachers, she would drum up as many auditions as possible to launch her career.

Gena has danced in "West Side Story", Theatre by the Sea, on national television, in MTV videos, several films, modeling shoots, performed with Michael Jackson, and as lead dancer aboard Royal Caribbean's M/S Sun Viking. After performing for over 12 years, teaching dance along with fitness and choreographing for festivals and special events, Gena decided she would prefer a more settled lifestyle. In 1990 she found herself back in Connecticut.

Gena is certified Test to Teach by Dance Masters of America, AFAA, and Body Bump Les Mill™. Gena also studied Tae Bo™ with Billy Blanks at an intense Omega workshop.

Gena serves the local community by teaching at local dance studios. She teaches fitness at Shoreline Health and Fitness I & II and is happy to be back at The Dance Extension this season.

*The Community Dance Ensemble continues its holiday tradition of performing at area nursing homes and senior centers this December. The CDE will visit Crescent Point in Niantic, Norwich Rehab Center, Windham Falls in Groton and Briarcliff Manor in New London.*



# STUDENT NEWS

## Studio Dancer of the Year Award

Congratulations to Katie Wild who was selected by the faculty to receive this award! Katie will receive a tuition scholarship to the Tremaine Convention (January, 2007 in N.Y.C.), a dance bag, t-shirt & award certificate.

## Adult Studio Dancer of the Year Award

Congratulations to Kim Prescott who was chosen by the faculty to receive this award. Kim will receive a gift certificate to Discount Dance Supply.

Locks of Love Olivia Stack donated her hair to "Locks of Love". Olivia takes ballet and is a 2<sup>nd</sup> grader at Great Neck School. She is also the granddaughter of faculty member, Helen Stack.

CDE Cookie Dough Sale Special thanks to all Dance Extension parents & students who purchased cookie dough from a Community Dance Ensemble (CDE) dancer! The CDE raised a record \$4,400 this year.

*We are always looking for positive news about our students.  
Please email your dancer's news to [DanceExt@aol.com](mailto:DanceExt@aol.com)*



## GIFT IDEAS

- Sterling Silver Charm Necklaces** \$19.95  
Ballet shoes, tap shoes or leaping dancer
- Dance Extension T-shirts** \$8.50 & \$10
- Dance Extension Gift Certificates**
- Child's Leotards & Tights:** \$10 & \$9
- Adult Tights:** \$10.50/\$11

## DANCE TRIVIA

**Winner October Trivia:** Congratulations to Charles Anderson who gave the correct answer of "Swan Lake". Charles is a first grader at St. Joseph School and lives with his family in Waterford.

**November Trivia:** When Rudolf Nureyev and Margot Fonteyn danced Swan Lake in Vienna in 1964, they set a record for the most curtain calls for a ballet. How many curtain calls did they take? The first dancer to give Miss Nancy the correct answer will win a tap shoe frame.



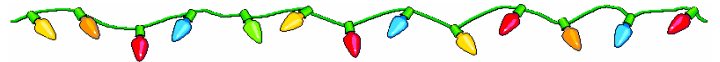
## HOLIDAY GIFT DRIVE

*Our annual holiday gift drive begins after Thanksgiving. In lieu of holiday gifts for the faculty, please donate a gift on our behalf to the Child & Family Agency of Southeastern CT. The Agency needs new children's books, journals, movie/dvd rental gift certificates, gas cards and disposable cameras with film developing gift certificates. See a complete list of needed items at the studio desk or on our website, [www.danceextension.com](http://www.danceextension.com). Be sure to check the Gift Tree at both studios for specific gifts.*

*Your participation is, of course, voluntary. Donation cards are at the desk. Just attach one to an unwrapped gift and drop the gift at the studio on or before Saturday, December 16<sup>th</sup>. We will deliver it to the agency in time for the holidays.*

*Your generosity is greatly appreciated. Thank you and have a wonderful holiday season!*

*Maggie, Nancy, Faculty & Staff of The Dance Extension*



## CONVERSATION STARTERS

Here's a way to get your dancer talking about what he/she is learning in class. Just ask one of these questions:

- Rhythm & Movement:** Can you show me a leap?  
Nancy's class: Can you show me three ways to jump over your magic carpet?
- Dance Forms:** What is a heel tap? How many sounds does it make?
- Ballet Discovery:** What is a demi-pointe?
- Ballet 1-2:** What is a tendu? What does tendu mean?
- Ballet 3-7:** What is a rond de jambe en dehors?
- Tap Rhythms & Tap 1-2:** What is a shuffle?
- Tap 3-7:** What is a buffalo?
- Jazz Classes:** What is chasse'? What is a lindy?

## AREA DANCE & MUSICAL EVENTS

- Dec. 1<sup>st</sup> - 3<sup>rd</sup> Hairspray, Bushnell/Hartford
- Dec. 8<sup>th</sup> & 9<sup>th</sup> Dance Dept. Concert, Conn College
- Dec. 8<sup>th</sup> & 9<sup>th</sup> Winter Dance Concert, Wesleyan
- Dec. 9<sup>th</sup> - 17<sup>th</sup> Nutcracker, Bushnell/Hartford
- Dec. 15<sup>th</sup> - 17<sup>th</sup> Nutcracker, Providence Perf. Arts
- Dec. 26<sup>th</sup> - 31<sup>st</sup> Stomp, Shubert Theatre/New Haven

Newsletters are online at [www.danceextension.com](http://www.danceextension.com). Click on "Events & Newsletters".